



## Family Resource Center



The Family Resource Center is a service provided by Professional Counseling Associates. It provides free and confidential services. No appointment is necessary, unless noted on schedule.

The Family Resource Center can assist in:

- Counseling & Support
- Learning about Community Resources
- Relationships
- Financial Difficulties
- Family Problems
- Learning about Mental Illness
- Brief Consultation
- Accessing mental health treatment for all ages
- Learning about educational, occupational, recreational & volunteer opportunities

The Family Resource Center also offers a movie room, games, beauty room and a place for complete relaxation.

Hours of Operation

- Monday 9am-2pm
- Tuesday 1pm-4pm
- Wednesday 9am-2pm
- Thursday 1pm-4pm
- Friday By Appt. Only

The CEO of Professional Counseling Associates, **MRS. JANNIE COTTON**, would like to welcome you all to our Family Resource Center. For more information, please contact us at (501) 955-7600 or visit at 4354 Stockton North Little Rock, AR 72117